FREE!
Surviving the Summer Guidebook!

2014 Edition!
A free guide to low-cost summer activities, and things to do in Orange County, NY.

Children's Mental Health, Courage Every Day!
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VoicesUnited4Change

**About Us!**

VoicesUnited4Change is a grassroots Orange County organization made up of parents, youth, and community members who are champions for children's mental health! We advocate for the health and wellness needs of youth and families in our community. And most importantly, we draw on lived experience to provide peer-to-peer support, knowledge and resources for families and youth that have been touched by mental illness. We also work tirelessly to fight stigma that is associated with mental illness!

We hope you find this summer guide useful. We tried to make it as comprehensive as possible, but we aren't perfect! If we left anything important out that you think we should include next year, or if you have any suggestions let us know!

If you are interested in VoicesUnited4Change and want to get involved, receive help, get some more information, or just show your support; please contact us!

Check out our website! [www.voicesunited4change.org](http://www.voicesunited4change.org)

We have a very active Facebook page, we hope you’ll like us enough to “like” us!: [www.facebook.com/voicesunited4change](http://www.facebook.com/voicesunited4change)

You can shoot us an email, and we'll get back to you ASAP!: [familyallies@voicesunited4change.org](mailto:familyallies@voicesunited4change.org)

Or you can give us a call at: 845-343-8100 ext 6654
We hope to hear from you soon!!!

*Children's Mental Health, Courage Every Day!*
Summer Safety Tips from the OPWDD

While we are all enjoying the sun and summer fun, below are a few reminders to help keep everyone safe and healthy:

1. **Guard Against TOO MUCH SUN.** Too much sun can be dangerous. Everyone reacts differently to the sun’s ultraviolet rays and people can burn in as little as 15 minutes. The National Council on Skin Cancer Prevention warns that ultraviolet (UV) radiation from the sun can cause skin cancer. The best insurance against sunburn is to avoid direct exposure to the sun. Even on hazy or cloudy days, the sun’s rays can cause damaging sunburn. Follow these “safe sun” guidelines and support and encourage the people you support to do the same:
   - Remain in the shade whenever possible.
   - Wear UV protective sunglasses and a hat to protect your eyes, head, and ears from the sun.
   - Use broad-spectrum sunscreen (UVA/UVE protection of 30 SPF or greater). Apply at least 30 minutes before sun exposure and reapply throughout the day. Remember to protect your lips with lip balm that has a minimum SPF of 15.
   - Be familiar with the side effects of medications you or people for whom you are responsible are taking and take appropriate precautions. Some medications make a person very sensitive to the sun’s rays.
   - Try to stay out of the sun when it is strongest (between 10 am and 2 pm).

2. **Protect Against Summertime INSECTS.** Insects such as mosquitoes and ticks can carry diseases. If you will be out at night or hiking in tall grasses or wooded areas, use an insect repellant and check skin and clothing for the presence of ticks. Seek medical attention if you/ person you support is bitten by a tick. If you/ someone is allergic to any insect bites, remember to carry an allergy kit.
3. **Practice WATER SAFETY.** Wherever there is water, there is a risk of drowning. Drowning can occur in seconds. The following factors can contribute to a drowning accident:
   - A medical condition such as a seizure disorder
   - A medical emergency while in the water, such as a heart attack, stroke or cramping
   - Use of alcohol or drugs, even prescribed medications
   - Water conditions, including temperature, clarity or hidden objects
     - Adequate supervision and simple precautions can save lives! Always take the following precautions:
     - Swim in familiar waters where lifeguards are present
     - Be responsive to and anticipate changing conditions. If a storm is approaching, get out of the water
     - Always wear a Coast Guard-approved personal flotation device (PFD) when boating. PFDs must be properly sized and maintained to be effective
     - Observe all rules of the swimming area
     - Call for help at the first sign of trouble
     - Direct Support Professionals must maintain visual contact at all times with the individuals for whom they are responsible. Please familiarize yourself with the Important Information about Drowning alert (issued February 2011), available on the OPWDD website

4. **Practice TRANSPORTATION SAFETY.** In the summer, vehicles, especially vans, allow for heat build-up and do not provide sufficient ventilation even while in motion. NEVER stay or leave people in vans or other vehicles in the summer heat. If you will be driving for a long period, bring water for all passengers to drink during the trip.

5. **Guard Against FOOD POISONING.** The USDA warns that food-borne illness (food poisoning) increases in summer months. Because of heat and humidity, harmful bacteria can quickly multiply on food. When this happens, someone eating the food can get sick. Follow these simple steps to safer food in the summertime:
   - Wash hands and surfaces often. Unwashed hands and surfaces are a prime cause of food-borne illness
· Separate and cook. Keep raw meat juices away from ready-to-eat food. Cook meat thoroughly to kill bacteria
· CHILL. Keep cold foods cold. Food left unrefrigerated for more than two hours may not be safe to eat. When the temperature is above 90 °F, food should not be left out for more than one hour. If you have any doubts, throw it out

6. **Guard Against HEAT RELATED ILLNESSES.** Too much heat can cause serious illness and even death.
   · Be aware of the heat, and modify or reschedule outdoor activities accordingly
   · Stay in air conditioned areas whenever possible and stay in the shade when outdoors
   · Drink plenty of fluids, and limit caffeine. The human body needs water. Dehydration can easily occur in the summer heat even without strenuous exercise or apparent sweating, and can lead to heat related illness

* These awesome tips for staying safe were compiled by the OPWDD. For more information on keeping safe this summer check out their website: [www.opwdd.ny.gov](http://www.opwdd.ny.gov)
Summer Lunch Programs

The National Summer Food Service Program provides free and low cost summer lunches to children and youth. Here are the locations:

- **Academy Avenue Park**: Academy Ave Middletown, NY
  - Middletown School District Students
  - Mondays-Fridays from 6/30-8/22 from 12:15-2:00

- **Bennet Hill Park**: Wickham Ave Middletown, NY
  - Middletown School District Students
  - Mondays-Fridays from 6/30-8/22 from 11:40-1:10

- **Thall Park**: Wickham Ave Middletown, NY
  - Middletown School District Students
  - Mondays-Fridays from 6/30-8/22 from 12:15-2:00

- **Beattie Hill Park**: Prospect Ave Middletown, NY
  - Middletown School District Students
  - Mondays-Fridays from 6/30-8/22 from 12:25-2:05

- **Jerome Neile Park**: Linden Ave Middletown, NY
  - Middletown School District Students
  - Mondays-Fridays from 6/30-8/22 from 12:05-1:45

- **Davidge City Park**: 130 Lake Ave Middletown, NY
  - Middletown School District Students
  - Mondays-Fridays from 6/30-8/22 from 11:45-1:00

- **Maple Hill City Park**: 105 California Ave Middletown, NY
  - Middletown School District Students
  - Mondays-Fridays from 6/30-8/22 from 11:15-12:45

- **Sproat Park**: 28 Sproat St Middletown, NY
  - Middletown School District Students
  - Mondays-Fridays from 6/30-8/22 from 12:10-1:50

- **David Moore Heights Park**: 116 Genung St Middletown, NY
  - Middletown School District Students
  - Mondays-Fridays from 6/30-8/22 from 11:45-1:25

- **Middletown High School**: 24 Gardner Ave Ext Middletown, NY
  - Middletown School District Students
  - Mondays-Fridays from 7/8-8/16 from 12:15-2:00
  - Mondays-Thursdays Breakfast from 7:35-8:00

*Children's Mental Health, Courage Every Day!*
**More Summer Lunch Programs**

- **Amchir Park:** 2 Birch Ct Middletown NY  
  - Middletown School District Students  
  - Mondays-Fridays from 6/30-8/22 from 11:25-12:45

- **Anna S Kuhl Elementary School:** 10 Rt 209 Port Jervis NY  
  - Port Jervis School District Students  
  - Mondays-Fridays from 7/7-8/2 from 10:30-11:55  
  - Breakfast 7:40-8:35

- **Church St Park:** 51 Church St Port Jervis, NY  
  - City of Port Jervis  
  - Mondays-Fridays 7/7-8/8 12:00-12:45

- **Port Jervis Youth Center:** 134 Pike St Port Jervis, NY  
  - City of Port Jervis  
  - Mondays-Fridays 7/7-8/8 12:00-12:45

- **Riverside Park and Recreation Center:** 81 King St Port Jervis NY  
  - City of Port Jervis  
  - Mondays-Fridays 7/7-8/8 12:00-12:45

- **Uta Girls Br:** 7 Israel Zupnick Dr Monroe, NY  
  - Uta of Kiryas Joel  
  - Monday-Fridays 7/1-8/26 12:45-1:45  
  - Breakfast 9:45-10:30

*This is a list of the Summer Lunch Programs that are funded by the National Summer Food Services Program. Many school districts and local agencies also sponsor private school lunch programs. Call your child’s school to find out more information or call 1-866-3HUNGRY (1-877-8HAMBRE for Spanish) for more information.*
Volunteer Opportunities!

Hospitals

Orange Regional Medical Center: Community hospital that offers a friendly environment with a broad range of opportunities to its volunteers.
- 707 East Main St Middletown NY
- Contact: Laura Hodges 845-333-0218 LAnhodges@ormc.org
- Website: www.ormc.org

Bon Secours Charity Health Centers: Community hospitals that offer a variety of volunteer opportunities in Port Jervis, Warwick, and Suffern.
- Contact: Amy Moore (845)-987-5050
- Website: www.goodsamhosp.org

Saint Luke’s Cornwall Hospital: Community hospitals that offer various volunteer opportunities and are located in Cornwall and Newburgh.
- Contact: Sandra Alemany (845)-568-2211
- Website: www.saintlukescornwallhospital.org

Animals

Pets Alive Animal Sanctuary:
- 363 Derby Rd Middletown NY
- Contact: 845-386-9738 volunteer@petsalive.org
- Website: www.petsalive.org

Goshen Human Society: Animal shelter
- 44 Police Dr Goshen NY
- Contact: 845-294-3984
- Website: www.goshenhumaneassociation.org

Humane Society of Blooming Grove: Animal shelter
- 2741 Rt 94 Washingtonville NY
- Contact: 845-496-6199
- Website: www.humanesocietybg.com

Humane Society of Walden: Animal shelter
- 2489 Albany Post Rd Walden NY
- Contact: (845)-778-5115
- Website: www.waldenhumane.org
Middletown Humane Society: Animal shelter
- 142 Bloomingburg Rd Middletown NY
- Website: www.middletownhumanesociety.com
- Contact: 845-361-1861 volunteermiddletownhumane@gmail.com

Hudson Valley SPCA: Animal Shelter
- 940 Little Britain Road New Windsor, NY
- Website: www.hudsonvalleysPCA.com
- Contact: 845-564-6810 hvspca@yahoo.com

Educational
Museum Village: Educate visitors to their 19th century interactive museum.
- 1010 Rte 17M Monroe NY
- (845) 782-8248
- www.museumvillage.org

- 100 Muser Drive Cornwall NY
- 25 Boulevard Cornwall on Hudson NY
- Contact: Megan Hoffman (845)-534-5506 x211
  mhoffman@hhnaturemuseum.org
- Website: www.hhnaturemuseum.org

Orange County Arts Council: Looking for committee members and Arts Ambassadors to visit programs funded by the Arts Council such as galleries, schools, concerts, and performances and encourage others to appreciate the value of art.
- Based out of Sugar Loaf, NY
- Contact: (845)-469-9168
- Website: www.ocartscouncil.org

Orange County Land Trust: Working indoors or outdoors to support environmental protection.
- 23 White Oak Dr Sugarloaf NY
- Contact: Matt Coombs (845)-469-0951
- Website: www.orangecountylandtrust.org

Libraries: see library list
**Human Services**

**American Red Cross:** Prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.
- Types of work: Community Outreach Workers, Shelter Volunteers
- Contact: (203)869-8444
- Website: [www.redcross.org](http://www.redcross.org)

**Habitat for Humanity:** Provides decent, affordable housing to those in need
- Middletown and Newburgh Locations
- Contact: Middletown: (845)344-0322 Newburgh: (845) 568-6035
- Website: [www.habitat.org](http://www.habitat.org)

**Meals on Wheels:** Delivers meals to homebound seniors in the community.
- Middletown and Newburgh Locations
- Contact:
  - Middletown: Orange County Office for the Aging (845)-615-3700
  - Newburgh: Meals on Wheels of Greater Newburgh (845)-562-3490
- Website: [www.mowaa.org](http://www.mowaa.org)

**RECAP:** Regional Economic Community Action Program mobilizes and coordinates resources to address the basic needs of low income people.
- Middletown, Port Jervis, and Newburgh Locations
- Contact: Lauren Berg (845)-342-3978
- Website: [www.recap.org](http://www.recap.org)

**Safe Harbors of the Hudson:** An organization that works on building communities through improving housing and the arts.
- 111 Broadway Newburgh NY
- Contact: (845)-562-6940
- Website: [www.safe-harbors.org](http://www.safe-harbors.org)

**American Cancer Society:** Nationwide, community based organization dedicated to eliminating cancer as a major health problem.
- Contact: (845)-440-2500
- Website: [www.cancer.org](http://www.cancer.org)
Finding other volunteer opportunities in the county:
www.handsonhv.org
www.volunteermatch.org
www.allforgood.org
www.serve.gov
www.unitedway.org

VoicesUnited4Change is also looking for volunteers to attend events, coordinate and plan events, help with paperwork, and provide peer to peer support. We would LOVE to have you!
- 225 Dolson Ave Suite 403 Middletown NY
- Contact Pat Savino 845-343-8100 x6654 psavino@familyempowerment.org
- Website: www.voicesunited4change.org
- Facebook: www.facebook.com/voicesunited4change
Youth Centers:

Port Jervis Youth Center: 134 Pike St Port Jervis NY
- Description: Children and youth can play video games, ping pong, shuffleboard, foosball, pool, board games, card games etc. There is also a big screen tv with Netflix and a bowling alley.
- Hours: 9:00 am—4:00 pm
- Contact: (845)-858-4045
- Website: www.pjrec.com

Middletown Teen Center: 47 Academy Ave Middletown NY
- Description: Ping pong, pool, video games, table games, gym and fitness room.
- Who: Ages 11-18
- Hours: Monday & Wednesday 6-9 Friday & Saturday 8-11
- Contact: (845)-346-4180 rec-parks@middletown.com
- Website: www.middletown-ny.com

Center For Hope: 280 Broadway Newburgh NY
- Who: ages 11-21
- Contact: (845)-561-0111

YMCA: programs, activities, and fitness center
- 81 Highland Ave Middletown, NY
- 6 Liberty Street Middletown, NY
- 45 Gilbert Street Extension Monroe, NY
- Contact: (845)-344-9622
- website: www.middletownymca.org
Arts and Crafts Programs:

Michaels: Offers classes for children ages 3 and up for $2 per class. Call or go online for more information on class offerings
- website: www.michaels.com
  Middletown Michaels: 88-5 Dunning Road Middletown NY
  - 845-343-9900
  Central Valley Michaels: 27 Centre Drive Central Valley NY
  - 845-782-2116
  Newburgh Michaels: 1245 Route 300 Newburgh NY
  - 845-567-1953
A.C. Moore: Offers classes for children. Call for information on prices, and offerings
- www.acmoore.com
- 88 Dunning Road Middletown, NY
  - 845-344-6090
Home Depot: Offers free do-it-yourself workshops for kids ages 5 and up
- www.homedepot.com
  - Middletown Home Depot 474 Route 211 E Middletown, NY
    - 845-343-9200
  - Newburgh Home Depot 1220 Route 300 Newburgh, NY
    - 845-561-6540
Lowes: Offers free “Build and Grow Clinic” where children learn how to make their own projects.
- www.lowes.com
  - Middletown Lowes 700 North Galleria Drive Middletown NY
    - 845-692-8044
  - Newburgh Lowes 1239 Route 300 Newburgh, NY
    - 845-567-2860
**County Parks!**

**Algonquin Park**

Where: Powder Mill Rd., Route 52 Newburgh, NY

What: Multi-Purpose Ball Fields, Playground, Nature Trails, Pond Area, Fishing, Picnic Shelter, Comfort Station, Benches, Picnic Tables, Grills and Parking.

**Cronomer Hill Park**

Where: Off Gardnertown and Powder Mill Road, Newburgh

What: Lighted Multi-Purpose Fields, Soccer Field, Lighted Tennis Courts, Playgrounds, 30’ Observation Tower, Picnic Shelter, Comfort Stations, Benches, Picnic Tables, Grills, Trails and Parking.

**D&H Canal Park**

Where: 58 Hoag Road, Cuddebackville NY

What: Fishing, Picnic Shelter, Picnic Tables, Benches, Playground, Trails, Visitors Center

**Kowawese Unique Area at Plum Point**

Where: Rte 9W New Windsor NY

What: Beach (no swimming), Fishing, Boating (car-top boats only), Benches, Picnic Tables, Grills, Parking and Interpretive Center (available for rentals.)

**Thomas Bull Memorial Park**

Where: 211 State Route 416, Montgomery NY

What: golf course, driving range, banquet facility, tennis courts, boat house, ball fields, stables/horse riding area, pond, fishing, picnic shelters, tables, benches, exercise area, arboretum, playgrounds, volleyball court, horseshoe pit, dog park, arboretum

**Warwick County park**

Where: 156 Route 17A, Warwick, NY

What: 18 Hole Golf Course, Banquet Facility, Pro Shop, Driving Range, Nature Trails, Ball field, Picnic Shelter, Picnic Tables, Benches, Playground, Horseshoe Pits, Bocce Courts, Shuffle Board Courts, Comfort Stations and Parking.
**County Parks Continued!**

**Winding Hills Park**

*Where:* 1847 Rte 17K Montgomery, NY  
*What:* lake, pond, fishing, boathouse, boating, playgrounds, horseshoe pits, volley ball court, picnic shelter, picnic tables, nature trails, grills, ice skating, ice fishing, snowmobile trails. Camping is $20 a night, $25 w/ electric.

**Bear Mountain State Park**

*Where:* 3006 Seven Lakes Drive, Bear Mountain NY  
*What:* large play field, shaded picnic groves, lake and river fishing access, a swimming pool, Trailside Museums and Zoo, hiking, biking and cross-country ski trails, merry go round.

**Circleville Town park**

*Where:* Creamery Rd. off Rte. 302, Circleville, NY  
*What:* beach, playgrounds, pavilions, athletic fields, grills.

**Last Encampment of the Continental Army**

*Where:* 19 Causeway Rd Vails Gate NY  

**Harriman State Park**

*Where:* Palisades Interstate Park Commission, Bear Mountain NY  
*What:* 31 lakes and reservoirs, hiking trails, beaches, public camping areas, streams and scenic roads, and scores of wildlife species, vistas and vantage points.
List of Town Parks!

**Chester:** [www.thetownofchester.org](http://www.thetownofchester.org)
- Carpenter Park: Vadala Rd Chester
- Chester Commons Park: Laroe Rd Chester
- Pulvirent Park: Park Dr Chester
- Oak Dr Park: Oak Dr Chester

**Crawford:** [www.townofcrawford.org](http://www.townofcrawford.org)
- Red Mills Rd Park: Red Mills Rd Pine Bush NY
- Lybolt Rd Park: Lybolt Rd Bullville, NY

**Florida:** [www.villageoffloridany.org](http://www.villageoffloridany.org)
- Park at Glenmere Lake: Mayor Harter Dr Florida NY
- Walter R. Sturr Memorial Park: Bridge St Florida NY

**Goshen:** [www.goshenparksandrecreation.countmein.com](http://www.goshenparksandrecreation.countmein.com)
- Erie Street Park: 38 Erie St Goshen NY
- Duane Breuen Memorial Park
- Craigville Park: 118 Craigville Road Goshen NY
- Salesian Park: Main St & Craigville Rd Goshen NY

**Middletown:** [www.middletown-ny.com](http://www.middletown-ny.com)
- Academy Avenue Park: 46 Academy Ave Middletown NY
- Beattie Hill Park: 100 Prospect Ave Middletown NY
- Ben & Paula Armchir Park: 2 Birch Dr Middletown NY
- Bennet Hill Park: 105 East Ave Middletown NY
- Katherine Chappell Memorial Park: 57 Beacon St Middletown NY
- Fancher-Davidge Park: 130 Lake Ave Middletown NY
- Festival Square: 35 West Main St Middletown NY
- Jerry’s Park: 48 North St Middletown NY
- Jerome W. Neil Park: 280 North St Middletown NY
- Maple Hill Park: 105 California Ave Middletown NY
- Sproat St Park: 28 Sproat St Middletown NY
- Thrall Park: 21 Grove St Middletown NY
- Wallace Park: 7 Depot St Middletown NY
- Watts Memorial Park: 120 Watkins Ave Middletown NY
Town Parks Continued!

Monroe: www.monroeny.org
- Mombasha Park: West Mombasha Rd Monroe NY
- Smith's Clove Park: 133 Spring St Monroe NY

Montgomery: www.villageofmontgomery.org
- Veterans Memorial Park: 60 Bachelor St Montgomery NY
- Pleasure Ground Park

Mount Hope: www.townofmounthope.org
- Mount Hope Town Park: 1806 Rte 211 West Otisville NY

Newburgh: www.cityofnewburgh-ny.gov
- 9/11 Memorial Park: Park Place Newburgh
- Audrey Carey Park: Liberty St Newburgh NY
- Broadway Park (Downing Vaux Park): Broadway/Colden St Newburgh
- Clinton Square: Fullerton St Newburgh NY
- Delano-Hitch Recreation Park: Washington/Lake St Newburgh NY
- Desmond Tennis Courts: South St Newburgh NY
- Downing Park: Robinson Ave/South St Newburgh NY
- Gidney Avenue Basketball Courts: Gidney Ave Newburgh NY
- Hasbrouk Street Park: Hasbrouk St Newburgh NY
- Lake Washington/Masterson Park: Little Britain Rd Newburgh NY
- Schleiermacher Park: Washington Terrace Newburgh NY
- Triangle Parks: Water St-North St Newburgh NY
- Tyrone Crabb Park: Grand/South St Newburgh NY
- Unico Park: Waterfront Newburgh NY
- Xavier Lunan Park: Courtney Ave Newburgh NY

Port Jervis: www.portjervisny.org
- Barclay St Park: Barclay St Port Jervis NY
- Chris Marion Park: Junction of Rt 23 and Rt6 Port Jervis NY
- Church St Park: Church St Port Jervis NY
- Elk’s Brox Memorial Park: Rte 97 Port Jervis NY
- Farnum Park: Ulster Place Port Jervis NY
- Millennium Park: Pike St Port Jervis NY
- Mother’s Park: Hammond and Church St Port Jervis NY
- Riverside Park: King St Port Jervis NY
Town Parks Continued!

Port Jervis
- Skinner’s Park: East Main St, Cole, and Ball St Port Jervis
- Veteran’s Park: Sussex and Pike St Port Jervis NY
- West End Memorial Park: West Main St

Walden: www.villageofwalden.org
- Bradley Park: Albany Ave Walden NY
- James W Olley Community Park: East Sherman Ave Walden NY
- Afred Place Park: Alfred Place Walden NY
- Wooster Grove: East Main St Walden NY
- Veteran’s Memorial Park: West Side of Upper Bridge Walden NY

Shawangunk: www.shawangunk.org
- Popp Memorial Park: Rte 208 Wallkill NY
- Garrison Park: Central & Park Ave Wallkill NY
- Borden Library Park: 7 Bona Ventura Ave Wallkill NY
- Schoolhouse Park: Rte 52 and Marl Rd Walker Valley NY
- Verkeerderkill Park: 3232 Rt 52 Walker Valley NY
- Galeville Park: Long Lane Shawangunk, NY
Hiking Trails!

**The Heritage Trail: Goshen to Monroe NY**
- Description: The first multi-use asphalt trail developed in the parks system. This trail offers attractive scenic vistas and access from the Village of Goshen to the Village of Monroe for walking, biking and roller blading.
- Contact: (845)-615-3830
- Website: [www.orangecountynyparks.com](http://www.orangecountynyparks.com)

**Black Rock Forest: 129 Continental Rd Cornwall NY**
- Description: 4,000 acre forest with hiking trails
- Contact: (845)-534-4517
- Website: [www.blackrockforest.org](http://www.blackrockforest.org)

**Sterling Forest State Park: 116 Old Forge Rd Tuxedo NY**
- Description: biking, boat launches, fishing, hiking, hunting, scenic views
- Contact: (845)-351-5907
- Website: [www.nysparks.org](http://www.nysparks.org)

**D&H Canal Park: 58 Hoag Rd Cuddebackville NY**
- Description: scenic trails, towpath, picnic areas, historic canal sights, playground, trails, fishing
- Contact: (845)-754-7000
- Website: [www.orangecountynyparks.com](http://www.orangecountynyparks.com)

**The Rail Trail: Wallkill Valley (Parking at Wooster Grove East Main St Walden)**
- Description: 12.2 miles of trail for hiking, biking, walking, and picnic areas.
- Contact: info@wvrta.org
- Website: [www.gorailtrail.org](http://www.gorailtrail.org)

**Goosepond Mountain State Park: Rt 17M or Laroe Rd Chester NY**
- Description: Hiking, horseback riding. *Note: this park is underdeveloped and there are no bathrooms.*
- Contact: (845)-786-2701
- Website: [www.nysparks.com](http://www.nysparks.com)
Libraries!

Chester Public Library: 1784 Kings Highway Chester NY
- Contact: (845)-469-4252
- Website: [www.rcls.org/chs](http://www.rcls.org/chs)
- Hours: M-Th: 10-8, F:10-4, S: 9-4, Sun: closed

Cornwall Public Library: 395 Hudson St Cornwall NY
- Contact: (845)-534-8282
- Website: [www.cornwallpubliclibrary.org](http://www.cornwallpubliclibrary.org)
- Hours: M-Th: 10-8, F: 10-6 S: 10-4, Sun: 1-4

Florida Public Library: 4 Cohen Circle Florida NY
- Contact: (845)-651-7659
- Website: [www.floridapubliclibrary.org](http://www.floridapubliclibrary.org)
- Hours: M-Th: 10-8, F-S: 10-4, Sun:1-4

Goshen Public Library and Historical Society: 203 Main St Goshen NY
- Contact: (845)-294-6606
- Website: [www.goshenpubliclibrary.org](http://www.goshenpubliclibrary.org)
- Hours: M-Th: 9-8, F: 10-6, S: 9-5, Sun: 1-5

Greenwood Lake Public Library: 79 Waterstone Rd Greenwood Lake NY
- Contact: (845)447-8377
- Website: [www.gwllibrary.org](http://www.gwllibrary.org)
- Hours: M & F: 9-5, T-Th: 9-9, S: 10-2, Sun: closed

Highland Falls Library: 298 Main St Highland Falls NY
- Contact: (845)-446-3113
- Website: [www.rcls.org/hfl](http://www.rcls.org/hfl)
- Hours: M&W-F: 10-5, T: 10-7, S: 10-2, Sun: closed

Middletown Thrall Library: 11-19 Depot St Middletown NY
- Contact: (845)-341-5454
- Website: [www.thrall.org](http://www.thrall.org)
- Hours: M-Th: 9-8, F: 9-6, S: 10-2, Sun: 1-5

Monroe Free Library: 44 Millpond Parkway Monroe NY
- Contact: (845)-783-4411
- Website: [www.monroefreelibrary.org](http://www.monroefreelibrary.org)
- Hours: M: 10-8, T&Th: 10-9, F: 10-5, S: 10-4, Sun: 12-5

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Libraries Continued!

Montgomery Free Library: 133 Clinton St Montgomery NY
- Contact: (845)- 457-5616
- Website: www.rcls.org/mng
- Hours: M-F: 10-12 and 2-6, S: 10-1 Sun: closed

Newburgh Free Library Main Campus: 124 Grand St Newburgh NY
- Contact: (845)-563-3600
- Website: www.newburghlibrary.org
- Hours: M&Th: 9-9, T-W&F: 12-8, S: 10-3 Sun: Closed

Newburgh Free Library Town Branch: Newburgh Mall, 1401 Rte 300 Newburgh NY
- Contact: (845)-566-0460
- Website: www.newburghlibrary.org
- Hours: M&Th: 10-6, T-W&F: 12-8, S: 10-6 Sun: closed

Pine Bush Area Public Library: 227 Maple Ave Pine Bush NY
- Contact: (845)-744-3375
- Website: www.rcls.org/pbl
- Hours: M&W: 9-7, T&Th: 11-7 F: 9-5, S: 10-2, Sun: closed

Port Jervis Free Library: 138 Pike St Port Jervis NY
- Contact: (845)-856-7313
- Website: www.portjervislibrary.org
- Hours: M&Th: 10-9, T-W&F: 10-6, S: 10-5, Sun: closed

Tuxedo Park Library: 227 Route 17 Tuxedo Park NY
- Contact: (845)-351-2207
- Website: www.tuxedoparklibrary.org
- Hours: M-T&F: 9-5:30, W-Th: 10-8, S: 10-4, Sun: 11-3

Josephine-Louise Public Library: 5 Scofield St Walden NY
- Contact: (845)-778-7621
- Website: www.waldenlibrary.org
- Hours: M-T&Th: 10-8, W&F: 10-6, S: 10-2, Sun: closed

Albert Wisner Public Library: 1 McFarland Dr Warwick NY
- Contact: (845)-986-1047
- Website: www.albertwisnerlibrary.org
- Hours: M-Th: 9-8, F:9-7, S: 9-5, Sun: 12-4
Libraries Continued!

The Moffat Library in Washingtonville: 3348 Rte 208 Campbell Hall NY
- Contact: (845)-496-5483
- Website: www.moffatlibrary.org
- Hours: M-Th: 10-7, F: 10-6, S: 10-5, Sun: 12-5

Woodbury Public Library Main Campus: 23 Smith Clove Rd Central Valley NY
- Contact: (845)-928-6162
- Website: www.woodburylibraryocny.org
- Hours: M&Th-F: 10-6, T-W: 10-9, S: 11-3, Sun: closed

Woodbury Public Library Rushmore Branch: 16 Rte 105 Highland Mills NY
- Contact: (845)-928-2114
- Website: www.woodburylibraryocny.org
- Hours: M&Th: 10-9, T-W&F: 10-6, S&Sun: 11-3
Swimming!

Newburgh Aquatic Center: Corner of Washington St and 9W Newburgh
- Facilities: 25' high water slide, a 25 meter pool, fountain sprays, a mushroom spray, and a changing facility with lockers and showers.
- Free lunch for youth 11-1
- Cost: Adults: $2 Children: $1
- Hours: Mon-Sat: 12:30-4:30
- Contact: (845)-565-3230
- Website: www.cityofnewburgh-ny.gov

West End Beach and Park: Water St Port Jervis NY
- Facilities: beach, fishing, boating, volleyball, basketball, picnic tables, playground
- Cost: free
- Hours: 11-7
- Contact: (845)- 858-4000
- Website: www.portjervisny.org

Central Valley Pool: Dunderberberg Rd Central Valley
- Facilities: large pool with 2 diving boards, picnic area, playground, basketball, volleyball, racquetball, tennis court
- Cost: must be resident of Town of Woodbury and have park pass
- Contact: (845)-928-9588
- Website: www.woodburyparkandrec.com

Earl Reservoir: off Schunnemunk Rd in Highland Mills
- Facilities: Sandy beach swimming area, diving platform, paddleboats, fishing, Tennis courts, basketball courts, soccer fields, and a roller hockey rink.
- Cost: must be a resident of Town of Woodbury and have park pass
- Contact: (845)-928-9588
- Website: www.woodburyparkandrec.com

Bear Mountain State Park: 3006 Seven Lakes Drive Bear Mountain, NY
- Facilities: Swimming pool, boat house, playing fields, picnic groves, trailside museums and zoos, basket ball court, nature trails
- Cost: $8 for parking
- Contact: (845)-786-2701
- Website: www.palisadesparksconservancy.org

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Swimming Continued!

Harriman State Park: Exit 16 of Palisades Parkway
- Facilities: many lakes and trails
- Cost: free
- Contact: (845)-786-2701
- Website: www.nysparks.com

Greenwood Lake Beach: Windmere Ave Greenwood Lake NY
- Facilities: Swimming, boating, picnic area, swings, volley ball
- Contact: (845)-986-1124
- Website: www.villageofgreenwoodlake.org

Sproat Street Pool: Sproat Street Park Middletown NY
- Facilities: pool.
- Hours: 12-6
- Cost: $1 for children $3 for ages 16 and up
- Website: www.middletown-ny.com

Maple Hill Pool: Maple Hill Park Middletown NY
- Facilities: pool.
- Hours: 12-6
- Cost: $1 for children $3 for ages 16 and up
- Website: www.middletown-ny.com
**Museums!**

**Brick House/Farmers Museum:** 850 Route 17K Montgomery NY  
- Description: Brick House was built in 1768. This Museum is one of the great family homesteads of the Hudson Valley and was home to seven generations of the Hill family.  
- Price: Adults: $3 Children: $2  
- Hours: Saturdays and Sundays 10-4:30  
- Contact: (845) 457-4921  
- Website: [www.hillholdandbrickhouse.org](http://www.hillholdandbrickhouse.org)

**Bull Stone House:** 183 Rt 51 Campbell Hall NY  
- Description: New World Dutch Barn still standing in Orange County. The house is a living museum that, along with the barn, is listed on the National Register of Historic Places. It was built in 1722 by William Bull and Sarah Wells who were among the first settlers in Orange County.  
- Contact: (845) 496-2855  
- Website: [www.bullstonehouse.org](http://www.bullstonehouse.org)

**Fort Decker:** 127 Main St Port Jervis NY  
- Description: 1793 stone house is one of the most historic buildings in Port Jervis and the surrounding area. It was built by a Revolutionary War patriot, Lt. Martinus Decker, burned by Tory Mohawk Joseph Brant and then used as a canal hotel during the 1820s.  
- Hours: Last Saturday of each month 1-4  
- Contact: (845) 856-2375  
- Website: [www.minisink.org](http://www.minisink.org)

**Fort Montgomery:** 690 Rt 9w Highlands NY  
- Description: The 14-acre site includes an interpretive trail around the remains of the fort. The fort is open daily for self-guided tours. Also includes interactive museum.  
- Cost: $2 per person  
- Hours: Dawn till Dusk  
- Contact: (845) 446-2134  
- Website: [www.nysparks.com](http://www.nysparks.com)
**Museums Continued!**

**Gillinder Glass Factory**: 39 Erie St Port Jervis NY
- Description: Glass working demonstrations and guided factory tour.
- Price: Adults: $5 Children: $4
- Hours: Monday-Friday tours at 10:15, 12:30 and 1:30
- Contact: (845)-856-5375
- Website: [www.gillinderglassstore.com](http://www.gillinderglassstore.com)

**Gomez Mill House**: 11 Mill House Rd Marlboro NY
- Description: The oldest extant Jewish dwelling in North America that has been continuously lived in for nearly 3 centuries.
- Price: Adults: $8 Children: $3
- Hours: guided tours at 10:30, 1:15 and 2:45
- Contact: (845)-236-3126
- Website: [www.gomez.org](http://www.gomez.org)

**Harness Racing Museum and Hall of Fame**: 240 Main St Goshen Ny
- Description: Exhibits and hall of fame for horse racing
- Price: Free
- Hours: 10-5
- Contact: (845)-294-6330
- Website: [www.harnessmuseum.com](http://www.harnessmuseum.com)

**Hill Hold Museum**: 128 Route 416 Campbell Hall NY
- Description: Museum with Circa 1830 Furnishings, One Room School House, Farm Animal Exhibits, Historic 1870 Barn, Goosetown Gift Shop, Benches and Parking.
- Price: Adults: $3 Children: $2
- Hours: Wednesday-Sunday 10:00-4:30 (last tour at 3:30)
- Contact: (845)-291-2404
- Website: [www.hillholdandbrickhouse.org](http://www.hillholdandbrickhouse.org)

**Hudson Highland’s Nature Museum Outdoor Discovery Center**: 100 Muser Dr Cornwall NY
- Description: Nature programs and hiking
- Cost: free, guidebooks: $5
- Hours: dawn-dusk, visitor center: 9-1
- Contact: (845) 535-5506
- Website: [www.hhnaturemuseum.org](http://www.hhnaturemuseum.org)
Museums Continued!

Hudson Highland’s Nature Museum Wildlife Education Center: 25 Boulevard Cornwall on Hudson NY
- Description: Live native animals and special exhibits
- Price: $3 per person
- Hours: Fridays-Sundays 12-4
- Contact: (845)-534-7781
- Website: www.hhnaturemuseum.org

The Interactive Museum: 23 Center St Middletown NY
- Description: The museum currently offers a variety of hands on activities and exhibits. An arts and crafts corner is also available for visitor use.
- Price: $5 per child
- Hours: call ahead to check to make sure someone is present
- Contact: (845)-344-3131
- Website: www.theinteractivemuseum.com

Knox Historical State Headquarters: 289 Forge Hill Rd Vails Gate NY
- Description: explore how families lived in the Hudson valley 200 years ago.
- Hours: Tours Wed-Fri at 11:00 & 3:00, Sat at 10:00, 11:00, 1:00, 2:00 & 3:00, and Sun at 1:00, 2:00, 3:00 & 4:00
- Contact: (845)-561-5498
- Website: www.nysparks.com

Museum Village: 1010 Rt 17M Monroe NY
- Description: Hear the sounds, taste the foods, and perform the tasks of life as it was in the 19th Century.
- Cost: 12 and up: $10  Children: $8
- Hours: Tuesday-Sunday 11-4
- Contact: (845)-782-8247 or (845)782-8248
- Website: www.museumvilliage.org
Museums Continued!

Neversink Valley Museum: 26 Hoag Rd Cuddebackville NY
- Description: Museum, educational activities, historic buildings, and D&H Canal.
- Cost: Adults: $3 Children: $1.50
- Hours: Friday-Sunday 12-4
- Contact: (845)-754-8870
- Website: www.neversinkmuseum.org

Orange County Firefighter's Museum: 141 Clinton St Montgomery NY
- Description: Artifacts and memorabilia from firefighters through out history, and hall of fame.
- Hours: call and request a tour
- Contact: (845)-457-9654
- Website: www.ocfm.us

Purple Heart Museum: 374 Temple Hill Rd Town of New Windsor NY
- Description: 7500 square foot facility that offers a journey through military history and provides veterans an opportunity to share their stories, includes interactive exhibits, photo exhibits, and a theater.
- Hours: Monday-Saturday: 10-5, Sunday: 1-5
- Contact: (845)-561-1765
- Website: www.thepurpleheart.com

Sands Ring Homestead Museum: 180 Main St Cornwall NY
- Description: One of the oldest Dutch Colonial frame houses in the Hudson Valley, also offers colonial living workshops.
- Hours: Open during community events and open houses, call for more information
- Contact: (845)-534-4829
- Website: www.sandssring.org

Storm King Art Center: 1 Museum Rd New Windsor NY
- Description: One of the world’s largest sculpture parks
- Cost: Adults: $12, Children: $8
- Hours: Wednesday-Sunday 10-5:30
- Contact: (845)-534-3115
- Website: www.stormking.org

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Museums Continued!

Washington's Headquarters: 84 Liberty St Newburgh NY
- Description:
- Cost: Adults: $4, Students: $3 (with ID), children under 12: free
- Hours: guided tours Wed-Sat: 10-5, Sunday 1-5
- Contact: (845)-562-1195
- Website: www.nysparks.com
We hope you found this guide helpful!

If you have any suggestions for next year’s guide you can email us at jostrow@familyempowerment.org

Don’t forget to like us on facebook!
www.facebook.com/voicesunited4change

And check out our website www.voicesunited4change.org

Want to get involved? We are always looking for volunteers. Contact 845-343-8100 ext 6654 or familyallies@voicesunited4change.org

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